

WEEP WITH THOSE WHO WEEP

The Church, #MeToo and how we talk about abuse in the wake of Ravi Zacharias, Jean Vanier and others

SUPPORT SERVICES

MANY HELPLINES ARE NOT 24-HOUR. PLEASE CHECK ORGANISATION WEBSITES FOR OPENING HOURS.

LOCAL SERVICES

While national resources are important, local services offer a more specialist approach, so take time to search online for your local services and signpost people to them.

SAFE SPACES

Run by Victim Support, this is a specialist support service for those who have been abused by a Church Leader or if the abuse is linked to church-led activities. (safespaces@victimsupport.org.uk) 0300 303 1056

RAPE CRISIS

Support for women and girls who have been raped or sexually abused. (www.rapecrisis.org.uk) 0808 802 9999

SURVIVORS UK

Support for men who have been subjected to sexual violence, including an online chat service. (www.survivorsuk.org)

NAPAC

NAPAC is the National Association for People Abused in Childhood. (www.napac.org.uk) 0808 801 0331

NATIONAL DOMESTIC VIOLENCE HELPLINE

For women who have been abused by a partner or ex, and those who are supporting them.

(www.nationaldahelpline.org.uk) 0808 2000 247

MEN'S ADVICE LINE

For men who have been abused by a partner or ex, and those who are supporting them.

(www.mensadvice.org.uk) 0808 801 0327

GALOP

Support for LGBT people who have been abused by a partner or ex. (www.galop.org.uk) 0800 999 5428

RESPECT

For those who recognise their behaviour may be abusive towards a partner or ex, and their family, friends, colleagues, congregation.

(www.respectphoneline.org.uk) 0808 802 4040

CHILDLINE

For children who are struggling with any issues or who are being abused or hurt in some way.

(www.childline.org.uk) 0800 1111

NSPCC

For anyone who is concerned about a child.

(www.nspcc.org.uk) 0808 800 5000