



HOW TO

RUN A

YORK COURSE

**A HOW-TO GUIDE
ON RUNNING A
YORK COURSE**

**INTERACTIVE
AND ENRICHING
HOME-GROUP
COURSES**

**YORK
COURSES**

HOW TO GET THE MOST OUT OF THIS COURSE

SUGGESTIONS FOR GROUP LEADERS

We're deliberately not prescriptive, and different leaders prefer to work in slightly different ways, but here are a few tried-and-trusted ideas . . .

1. THE ROOM Encourage people to sit within the main circle – so that all feel equally involved.

2. HOSPITALITY Tea or coffee and biscuits on arrival and/or at the end of a meeting are always appreciated and encourage people to talk informally.

3. THE START If group members don't know one another well, some kind of 'icebreaker' might be helpful. Be careful to place a time limit on this exercise!

4. PREPARING THE GROUP Explain that there are no right or wrong answers, and that among friends it is fine to say things that you're not sure about – to express half-formed ideas. If individuals choose to say nothing, that's all right too.

5. THE MATERIAL It helps if each group member has their own personal copy of the course book. Encourage members to read each session before the meeting. There's no need to consider all the questions. A lively exchange of views is what matters, so be selective. The quotations in blue are there to stimulate discussion and – just like the opinions expressed by the audio participants – don't necessarily represent York Courses' views or beliefs.

6. PREPARATION It's not compulsory for group members to have a Bible, but it might be helpful for at least the leader to have one handy. Ask in advance if you want anyone to lead prayers or read aloud, so that they can prepare.

7. TIMING Aim to start on time and stick fairly closely to your stated finishing time.

8. USING THE AUDIO/VIDEO For each of the sessions, we recommend reading through the session in the course book before listening together to the corresponding session on the audio material/watching the video. Groups may like to choose a question to discuss straight after they have listened to/watched a relevant track on the audio/video – but there are no hard-and-fast rules. Do whatever works best for your group!

9. THE TRANSCRIPT included at the end of the course book, is a written record of the audio/video material and will be invaluable as you prepare.

RUNNING A VIRTUAL HOUSE GROUP AND SHARING AUDIO/VIDEO

To run your virtual group, use software such as Zoom or Google Meet, and use the 'Share Screen' function to share the audio/video with your group.

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Our open-minded York Courses are perfect for discussion groups and individual reflection. Each course is crammed with questions to stimulate thought and lively debate. Groups will be able to enjoy audio and video discussion of the themes of each York Course. The special guests invited will mean you're in great company! Recent participants include Rose Hudson-Wilkin, Paul Kerensa, Amy Boucher Pye, Brendan Walsh, Smitha Prasadam and Lauren Windle.

York Courses offer: a Course Book including a transcript of the video and access to video/audio downloads, ideal for those running the course; a Participants' Book, in a pack of 5 (without access to video/audio), for those taking part in home groups. Digital editions of both Course Book and Participants' Book are also available!

In response to demand, we are pleased to have many of the York Courses people have already enjoyed – those featuring Course Book, Transcript and CD/audio download – available again below.

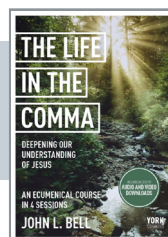
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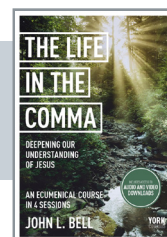
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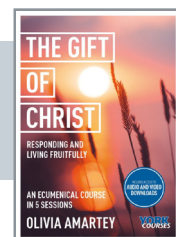
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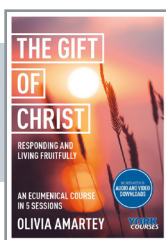
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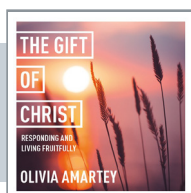
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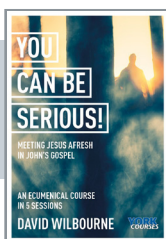
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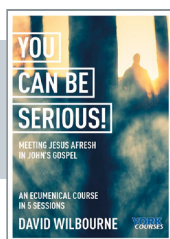
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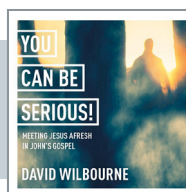
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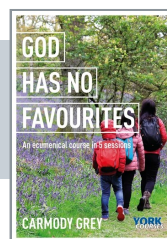
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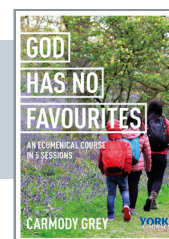
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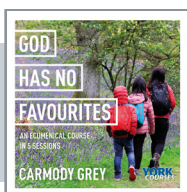
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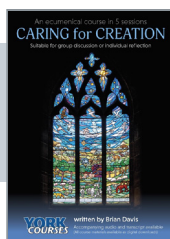
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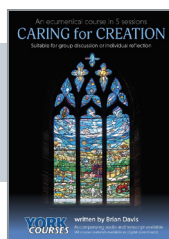
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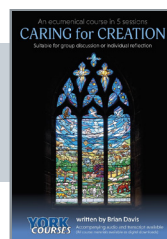
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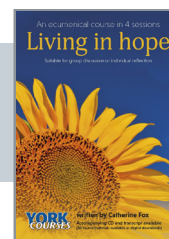
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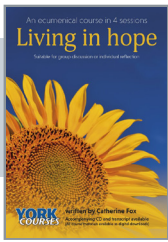
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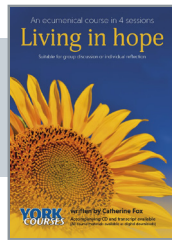
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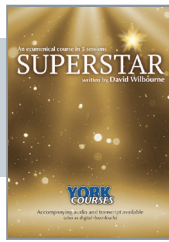
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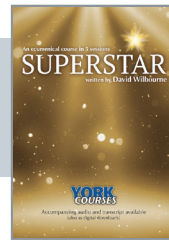
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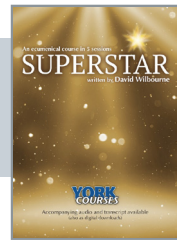
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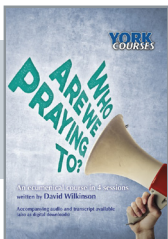
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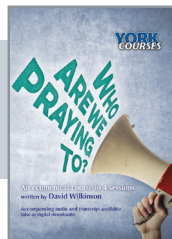
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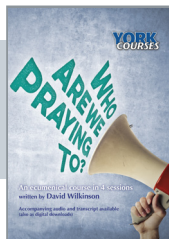
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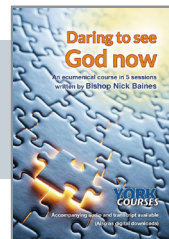
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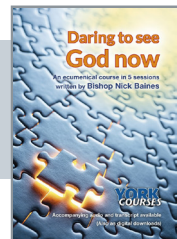
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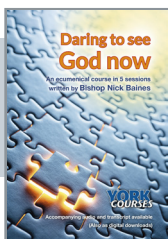
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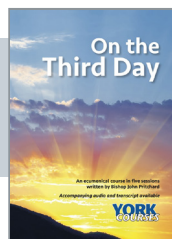
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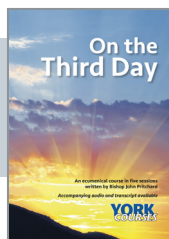
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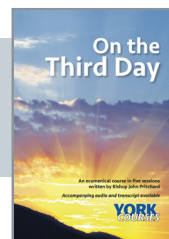
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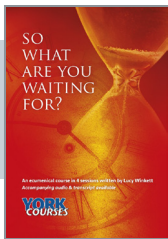
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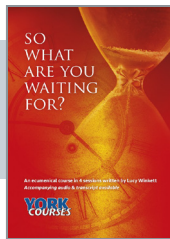
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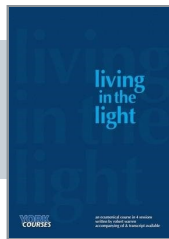
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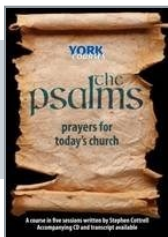
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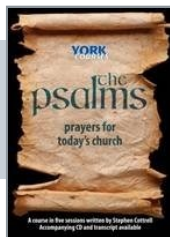
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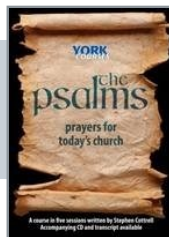
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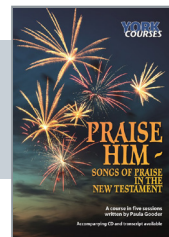
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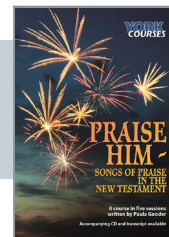
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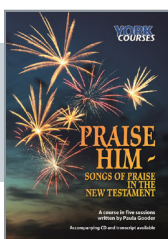
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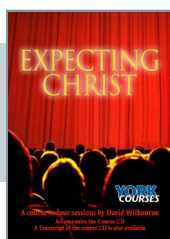
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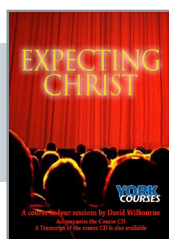
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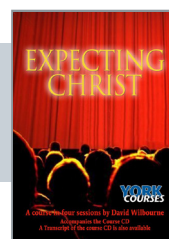
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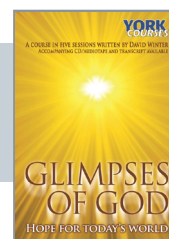
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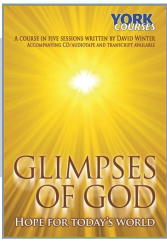
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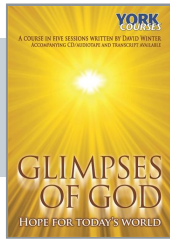
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